



FOOD MENU



STARTERS & SMALL PLATES

- SOUP OF THE DAY & MANNA HOUSE BREAD... 4.50
CAJUN CHICKEN SKEWERS WITH GARLIC MAYONNAISE... 3.50
SPINACH & PARMESAN BALLS WITH SPICY TOMATO DIPPING SAUCE... 3.50
SWEDISH MEATBALLS WITH A DILL DIPPING SAUCE... 3.80
HAGGIS, NEEPS & TATTIES WITH GRAVY... 5.50
BRATWURST SAUSAGES WITH PICKLED ONION AND MUSTARD... 4.00
NACHOS WITH SOUR CREAM, SALSA, GUACAMOLE AND CHEDDAR... 4.00 (V)
STICKY SPICED HONEY PORK BELLY BITES... 3.50

LUNCH SPECIAL... 7.00

MONDAY TO FRIDAY 11AM-3PM

SOUP & HALF A CROQUE MONSIEUR OR VEGGIE CROQUE MONSIEUR

LIGHTER PLATES

- CROQUE MONSIEUR... 7.00
HAM, CHEESE & BECHAMEL ON WHITE BREAD
CROQUE MADAME... 7.50
HAM, CHEESE & BECHAMEL ON WHITE BREAD TOPPED WITH A RUNNY EGG
VEGGIE CROQUE MONSIEUR... 7.00 (V)
AUBERGINE, COURGETTE, TOMATO WITH CHEESE & BECHAMEL ON WHOLEMEAL DONKER LOAF
CRAYFISH OPEN SANDWICH... 7.00
SOUR CREAM, RED ONION, SPRING ONIONS & DILL ON TOASTED MANNA HOUSE BREAD.
WALNUTS, BLUE CHEESE & PEAR BRUSCHETTA... 5.00 (V)
TOMATO, MOZZARELLA & PESTO BRUSCHETTA... 5.00 (V)

SALADS

- JP'S HOUSE SALAD... 7.50 (VG) ADD CHICKEN, HALLOUMI OR GOATS CHEESE... 1.50
LEAVES WITH CHERRY TOMATOES, HOUSE PICKLED VEGETABLES & PAN SEARED ASPARAGUS
CHICKPEA, PEPPER AND GOATS CHEESE... 8.00 ADD CHICKEN... 1.50
MAKE IT VEGAN WITH SWEET POTATO INSTEAD OF GOATS CHEESE! (VG)
CRAYFISH TAIL... 9.00
WITH SOUR CREAM, RED ONION, SPRING ONIONS & DILL WITH CHERRY TOMATOES & PAN SEARED
ASPARAGUS
CHICKEN CAESAR... 9.00
COS LETTUCE IN A MAYONNAISE CAESAR DRESSING WITH CHICKEN FILLET ANCHOVIES & PARMESAN,
TOPPED WITH HERBY CROUTONS.
ASIAN STEAK SALAD... 10.50
BEEF STEAK ON MIXED LEAVES WITH A SESAME THAI DRESSING. CHERRY TOMATOES, SPRING
ONIONS, RED CHILLI, HOUSE PICKLED ONION & CASHEW NUTS.



JP'S FAVOURITES

NORDIC STEW... 6.00

SCANDI CULLEN SKINK WITH SMOKED HADDOCK, SMOKED TROUT,
ONIONS, LEEKS, PEAS & POTATOES.

SWEDISH MEATBALLS... 11.00

WITH GRAIN MUSTARD MASH, CREAMY GRAVY & LINGONBERRY JAM.

SPICY CRAYFISH PASTA... 9.00

CRAYFISH TAILS, RED CHILLI & WHITE ONION IN A CREAM SAUCE.

SHARING PLATES

OLIVES, DIPS & BREAD... 4.50 (V)

BALSAMIC VINEGAR WITH OLIVE OIL & BEETROOT HUMMUS

NACHOS... 6.90

WITH SOUR CREAM, GUACAMOLE, SALSA & MELTED CHEDDAR (V)

SMORGASBORD PLATTER... 16.50

CRAYFISH TAILS, SMOKED TROUT, HONEY ROASTED HAM, POTATO SALAD,
CHICKEN BREAST, BRATWURST SAUSAGE, HUMMUS, DILL SAUCE &
MANNA HOUSE BREAD

SMORGASBORD VEGGIE... 15.50 (V)

SPINACH BALLS, POTATO SALAD, OLIVES, HALLOUMI, PORTOBELLO MUSHROOM,
ASPARAGUS, HUMMUS, TOMATO CHUTNEY & MANNA HOUSE BREAD.

BURGERS

JP'S HALF POUND BURGER... 10.00

200G STEAK MINCE WITH TOMATO CHUTNEY, LETTUCE, TOMATO & FRIES

CAJUN CHICKEN BURGER... 10.00

CAJUN SPICED CHICKEN BREAST WITH TOMATO, LETTUCE, HOUSE PICKLED ONIONS, MAYONNAISE &
FRIES.

ULTIMATE VEGGIE BURGER... 9.50

PORTOBELLO MUSHROOM, AUBERGINE, COURGETTE, HALLOUMI, ROASTED RED PEPPER, LETTUCE,
TOMATO, GARLIC MAYONNAISE & FRIES.

ADD BACON / CHEDDAR / HALLOUMI / GOATS CHEESE... 1.50

GOURMET BURGERS

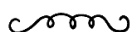
MILANO... MOZZARELLA, PESTO & MAYONNAISE... 12.00

EDINBURGER... WHISKY HAGGIS, BACON, CHEDDAR & CHUTNEY... 12.00

MEXICO X... JALAPENOS, RED CHILLI SAUCE, CHEDDAR & CHUTNEY... 12.00

GLUTEN FREE? WE HAVE BUNS FOR THAT.

ALL GOURMET BURGERS ARE MADE WITH STEAK MINCE AND ARE SERVED WITH LETTUCE, TOMATO & FRIES.



SIDE PLATES

FRIES... 3.00

CAJUN FRIES... 3.10

POTATO SALAD... 3.00 (V)

RED ONION, APPLE, DILL & MAYONNAISE

SESAME BROCCOLI & TOASTED SEEDS... 3.00 (VG)

SWEET POTATO WEDGES... 4.50

SPICY TOMATO & DILL DIPPING SAUCES

HASSELBACK POTATOES WITH PARMESAN... 4.00

HOUSE SALAD... 3.00

MIXED LEAF WITH CHERRY TOMATOES, HOUSE PICKLED VEGETABLES & JP'S DRESSING

DESSERTS

APPLE & BERRY CRUMBLE... 4.00

WITH VANILLA ICE CREAM OR CUSTARD

FRUIT SALAD... 4.00 (VG)

WITH RASPBERRY SORBET

ST. LUCA ICE CREAM... 3.00

VANILLA, STRAWBERRY OR CHOCOLATE

HOT BROWNIE AND ICE CREAM... 2.80

ORIGINAL, SALTED CARAMEL OR RASPBERRY & WHITE CHOCOLATE BROWNIE WITH VANILLA ICE CREAM.

KIDS MENU

DIPPING PLATE... 3.90

CARROT & CUCUMBER STICKS WITH HUMMUS & A DILL SAUCE

MEATBALLS... 3.90

MEATBALLS, MASH & LINGONBERRY JAM

MEATBALLS AND PASTA... 3.90

MEATBALLS IN A TOMATO NAPOLI SAUCE, PASTA & GRATED CHEESE ON THE SIDE

TOMATO PASTA... 3.50

PASTA IN A NAPOLI SAUCE & GRATED CHEESE ON THE SIDE

MINI SOUP... 2.50

CHEESE ON TOAST... 2.30 (V)

MELTED CHEDDAR ON TOASTED MANNA HOUSE BREAD

ICE CREAM... 2.00

ONE SCOOP OF ST. LUCA VANILLA, CHOCOLATE OR STRAWBERRY

